

Avery Standings 2023 after race 6

Races

1	22-Jan	Fred Hughes 10
2	19-Feb	Watford XC
3	05-Mar	Berkhamsted half
4	12-Mar	Royston XC
5	18-Mar	Stevenage parkrun
6	07-Apr	St Albans 10k
7	30-Apr	Hitchin 10k
8	17-May	MWL 1 - Chingford
9	31-May	MWL 2 - St Albans
10	08-Jun	MWL 3 - Trent Park
11	25-Jun	Welwyn 10k
12	29-Jun	MWL 4 - Stevenage
13	12-Jul	WGC Mob Match
14	27-Jul	Fairland Valley Relays
15	06-Aug	Centenary Route
16	19-Aug	Panshanger parkrun
17	30-Aug	Hatfield 5k race 1
18	01-Oct	Standalone 10k
19	Oct	XC 1
20	Nov	XC 2
21	22-Oct	Stevenage half marathon
22	Nov	Hatfield 5
23	Dec	XC 3
24	Dec	Festive 5

Women

Name	1	2	3	4	5	6	Total
Rebecca Barden	1	1	1	1	1		5
Veronica Shadbolt	1	1	1	1		1	5
Melanie King	1	1	1			1	4
Holly Wise	1	1	1			1	4

Sophie Packman	1		1		1	1	4
Chrissy Johnson	1	1			1	1	4
Clare Grover	1	1		1		1	4
Lucy Iles		1		1	1	1	4
Maggie Wright	1	1				1	3
Elaine Moore	1				1	1	3
Kath Evans	1			1		1	3
Hannah Frank	1	1					2
Barbara Kubis-Labiak		1	1				2
Carol Reid	1		1				2
Katharine Farrell	1				1		2
Willow Gibson		1			1		2
Helen Stafford	1					1	2
Sharon Stephens					1	1	2
Alex Faulkner					1	1	2
Debbie Pierson					1	1	2
Nikki Cowen					1	1	2
Emily Hammond		1					1
Yvonne Jones	1						1
Gemma Sloane		1					1
Jo Grant	1						1
Anne Henson	1						1
Ann Hayden			1				1
Jen Williams					1		1
Alison Meaden					1		1
Anna Lillie					1		1
Caroline Hale					1		1
Ilona Peva					1		1
Caroline Hughes					1		1
Sarah Durston					1		1
Gail Munroe					1		1
Jess Buzzard					1		1
Wendy Leversuch					1		1
Caroline O'Dwyer						1	1
Caroline Griffin						1	1

Jane Molloy						1	1
Tendy St Francis						1	1
Louise Quantick						1	1
Philippa Thorogood						1	1
Valerie Levison						1	1
Samantha Hastie						1	1
Emily Shepherd						1	1
Kirsty Hawkes						1	1
Julia Wiper						1	1
Alex Yates						1	1
Sarah Valentine						1	1

Men

Name	1	2	3	4	5	6	Total
Peter Harvey	1	1	1	1	1	1	6
Russell Morris	1	1	1		1	1	5
Lee Wood	1	1	1		1	1	5
Steve Ellerd-Elliott	1	1	1	1	1		5
Dom Thomas	1	1	1	1	1		5
Dai Selwood	1	1	1	1	1		5
Jamie Rose	1	1		1	1	1	5
Roger Adey	1	1		1	1	1	5
Richard Darley	1	1	1		1		4
Lee Mansfield		1		1	1	1	4
Russell Casey	1	1			1		3
James Aitchison		1			1	1	3
Peter Jasko	1	1		1			3
Michael Grant		1		1	1		3
Nick Portalski		1		1	1		3
Paul Gatens		1		1	1		3
Chris Eland	1	1					2
Simon Bostock	1		1				2
Chris Jones	1				1		2
Peter Lapthorne					1	1	2

Dave Faulkner					1	1	2
Sean Bowen		1		1			2
Dave Edwards		1		1			2
Robert Cartwright		1		1			2
Rob Hughes				1	1		2
Sidney Valentine				1		1	2
Richard Somerset		1					1
Daniel Pudner	1						1
Herbie Hopkins		1					1
Neil Hume	1						1
Daniel Ashcroft	1						1
John McDowall		1					1
Justin Hill		1					1
Wayne Aylott	1						1
Fredi Giliberti	1						1
Philip Brooks	1						1
Stuart Wonfor		1					1
Dave De Naeyer	1						1
Jim Davis	1						1
Richard Willcox			1				1
Chris Harbron			1				1
Johan Preis					1		1
Tom Buzzard					1		1
Bruce Judge					1		1
Martyn Perrin					1		1
Andy Gittins					1		1
Chris Dungate					1		1
Robin Clementson					1		1
Neil Brittain					1		1
Richard Sidlin					1		1
Andy Holt					1		1
Steve Button					1		1
Nicholas Summers					1		1
Ali Eroglu						1	1
Chris McGurk						1	1

Ben Carr						1	1
Andrew Pocock						1	1
Steve Mowles						1	1
Steven Edwards				1			1
Nigel Cavill				1			1