



ROYSTON RUNNERS



2019 Midweek League Royston Runners Event at Therfield

Thursday 13th June 2018. 7.45 PM Start

Permit Number ARC 19/463

Certificate of course accuracy: (10k) 17/187

Race HQ Therfield Cricket Club, Recreation Ground, Therfield SG8 9QG

Directions Please refer to map. You can get to Therfield from the A505 or A10.

Car sharing – Please car share where possible.

Parking

- **Traveling from the A10** - please use the cricket ground. This will only be operational if the weather has been and remains dry.
- **Traveling from the A505 or Royston** – please use the yard by the start. (It is the wide concrete entrance by the 30mph/derestricted signs and will be signed).

Please note - you will not be able to drive out of the cricket ground until after the last runner has finished. If you need to leave early please use the yard by the start.

Please obey marshals and avoid parking in the centre of Therfield or on local roads.

Start location The walk to start is 8 mins from the cricket ground and 10 seconds from the car park in the yard by the start.

When gathering at the start please be considerate of other road users and leave the road clear for them until called to the start line.

Course Markings km markers and directional arrows along with marshals on all junctions. Please keep to the left of the road and follow the marshals' instructions.

Dusk – This will be at 22:09. If you think you may finish near this time, especially if it is overcast, we would recommend you consider wearing a high-vis vest.

Facilities We are providing 3 Portaloos and a multipoint urinal (in addition to the limited toilets at the Therfield Cricket Club). There are changing facilities at the cricket club. There are also toilets at the village hall which is 75m from the end of Church Lane which you will pass, on the left, on the way to the start from the cricket ground.

Water - At the cricket ground/the finish and the 5km point

Food will be available afterwards in the village hall in the center of Therfield. Please walk to the village hall.

