

Garden City Runners - Results - 2010

FVS 5k series - Stevenage - 19-Aug-2010

Pos	Name	Time	Pos	Name	Time
6	Andrew Holt	17:08	78	Andrea Mann	21:27
7	Mike Bridge	17:13	90	Yvonne Jones	22:12
10	Neill Hughes	17:24	100	Wayne Aylott	22:45
12	Terry Fowler	17:39	101	Mary Bird	22:49
15	Dave Desborough	17:52	115	Trace Allen	23:15
19	Patrick Gallagher	18:10	127	Carol Reid	23:58
28	Keith Mclellan	18:35	129	Celia Pardoe	24:02
33	Sean Bowen	18:48	132	Richard Brown	24:15
40	Nick Genever	19:25	140	Peter Westlake	25:01
54	Steven Higley	20:17	143	Gilly Holdsworth	25:06
55	Genevieve Helsby	20:18	150	David Brown	26:06
65	Patrick Bird	20:34	158	Joy Allen	26:55
69	Ruth Holmes	20:49	169	Eleanor Draper	28:16
77	David Moscrop	21:22	175	John Fogarty	29:01

FVS 5k series - Stevenage - 5-Aug-2010

Pos	Name	Time	Pos	Name	Time
5	David Vaughan	16:16	61	Steven Higley	20:55
11	Andrew Holt	17:09	63	Ruth Holmes	20:59
13	Ian Harpur	17:21	68	Andrea Mann	21:22
16	Mike Bridge	17:30	70	David Moscrop	21:28
18	Terry Fowler	17:38	74	Cath Harris	21:44
20	Dave Desborough	17:41	80	Wayne Aylott	22:18
22	Chris Baynes	17:55	82	Joanne Matthews	22:35
25	Patrick Gallagher	18:07	94	John Davis	23:29
33	Martha Hall	18:34	103	Carol Reid	24:14
37	Sean Bowen	18:49	108	Richard Brown	24:41
43	Caroline Hale	19:28	110	Gilly Holdsworth	24:48
52	David Edwards	20:16	124	David Brown	25:55
55	Genevieve Helsby	20:31	140	Eleanor Draper	28:13

Harlow 10 - 25-Jul-2010

Pos	Name	Time	Pos	Name	Time
7	Graham Robinson	57:11	43	Sean Bowen	1:05:15

Fairlands Valley Challenge - Stevenage - 18-Jul-2010

12.6m

Pos	Name	Time	Pos	Name	Time
5	Wayne Aylott	1:42:00	51	Tom Casserley	2:40:00

18.7m

Pos	Name	Time	Pos	Name	Time
15	Robert Casserley	2:54:00	50	Lauren Potter	3:24:00
49	Jo Matthews	3:24:00	52	Ian Munro	3:27:00

26.4m

Pos	Name	Time	Pos	Name	Time
134	John Davis	5:06:00	162	Eleanor Draper	5:23:00
137	Maryam Hulme	5:07:00	163	Dennis Draper	5:23:00
147	Denys Baudry	5:14:00	198	Leila Taylor	5:36:00

148	Nick Genever	5:14:00		254	Sophie Cowie	6:48:00
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MWL Mob Match - Trent Park 9k - 14-Jul-2010

Pos	Name	Time		Pos	Name	Time
6	Andy Holt	32:47		124	Sophie Cowie	41:02
19	Keith McLellan	34:23		143	Jo Matthews	42:21
21	Terry Fowler	34:32		158	Wayne Aylott	43:16
24	Neill Hughes	34:42		161	Lauren Potter	43:21
31	Patrick Gallagher	35:28		165	Paul Harrison	43:58
35	Rob Casserley	35:34		169	Steve Higley	44:16
39	David Desborough	35:50		174	Maryanne Hulme	44:25
40	Rob Hughes	36:00		185	Carol Reid	45:30
42	Chris Baynes	36:12		197	Perry Gear	46:03
43	Martha Hall	36:13		199	John Davis	46:07
44	Sean Bowen	36:18		239	Gilly Holdsworth	48:29
56	Nick Genever	37:03		271	Sheena Lancaster	51:47
58	Steve Livingstone	37:08		273	Dennis Draper	51:54
63	Denys Baudry	37:35		276	David Brown	52:30
70	Dave Edwards	38:09		282	Eleanor Draper	53:12
75	Richard Somerset	38:25		287	Stephen Taylor	54:03
83	Caroline Hale	38:43		290	Maureen Steed	55:02
111	Ruth Holmes	40:21		306	George Woods	1:03:57

MWL 4 - St Albans 7m - 30-Jun-2010

Pos	Name	Time		Pos	Name	Time
1	Mark Dickinson	38:44		158	Jo Matthews	53:39
5	Andy Holt	40:13		159	Rick Hole	53:42
10	Ian Harpur	41:37		160	Lauren Potter	53:46
12	Markus Allen	41:44		163	Paul Harrison	54:08
15	David Desborough	42:12		169	Brad Fitzpatrick	55:09
17	Neill Hughes	42:25		176	Celia Pardoe	55:44
20	Patrick Gallagher	42:54		178	Steve Higley	55:49
21	Chris Baynes	42:55		180	Steve Trice	55:56
24	Michael Bridge	43:21		181	Steve Roberts	55:59
34	Russell Casey	43:50		187	Carol Reid	56:30
42	Rob Casserley	44:30		211	John Davis	58:07
45	Patrick Pearce	44:49		219	Trace Allen	59:12
47	Sean Bowen	45:04		222	Helen Stafford	59:23
48	Martha Hall	45:08		224	Peter Westlake	59:37
55	Paul Guy	45:39		231	Perry Gear	1:00:08
59	Steve Livingstone	46:02		241	Gilly Holdsworth	1:01:38
60	Nick Genever	46:04		245	Joy Allen	1:01:59
63	Denys Baudry	46:24		255	Melanie Edwards	1:02:49
68	Caroline Hale	46:37		260	Sandra Richardson	1:03:20
81	Dave Edwards	47:41		264	David Heal	1:04:04
87	Patrick Bird	48:27		269	Richard Brown	1:04:57
121	Veronica Shadbolt	51:37		278	Dennis Draper	1:06:36
124	Kevin Brammer	51:58		289	Eleanor Draper	1:08:31
128	Ruth Holmes	52:05		291	Sheena Lancaster	1:08:42
130	Steve Rivett	52:13		293	Kim Bates	1:09:06
142	John Davis	52:48		301	Maureen Steed	1:11:40
143	Yvonne Jones	52:48		305	John Fogarty	1:12:06
144	Andrea Mann	52:50		309	Carol Sheriff	1:14:06
149	Sophie Cowie	53:08		316	George Woods	1:24:56
152	Andrew Newbury	53:18				

Trent Park Triffic Trail - 27-Jun-2010

Pos	Name	Time	Pos	Name	Time
199	Mick Wise	54:01	326	Shena Lancaster	1:03:40
228	Gilly Holdsworth	56:00	342	Ruth Henderson	1:05:46
278	Sandra Richardson	59:32			

MWL 3 - Royston 10k - 15-Jun-2010

Pos	Name	Time	Pos	Name	Time
5	Stephen Kemble	34:37	202	Lauren Potter	46:34
7	Andy Holt	34:56	207	Sophie Cowie	46:45
17	David Desborough	36:16	210	Derek Avery	46:49
19	Bruce Judge	36:22	211	Yvonne Jones	46:50
20	Neill Hughes	36:27	212	Maryanne Hulme	47:02
24	Patrick Gallagher	36:54	214	Michael Wise	47:15
25	Chris Baynes	36:59	217	Steve Roberts	47:26
31	Mark Pidduck	37:39	220	Carol Reid	47:34
37	Russell Casey	37:54	243	Celia Pardoe	48:36
45	Rob Casserley	38:15	246	Trace Allen	48:46
46	Rob Hughes	38:23	249	John Davis	48:59
47	Martha Hall	38:28	269	Peter Sawko	50:14
50	Steve Livingstone	38:31	281	Helen Stafford	51:26
52	Patrick Pearce	38:34	287	Perry Gear	51:45
56	Sean Bowen	38:52	293	Joy Allen	52:17
70	Nick Genever	39:46	313	Sandra Richardson	53:21
78	Dave Edwards	40:13	333	Simon Wilson	55:19
83	Richard Somerset	40:26	335	Sheena Lancaster	55:21
98	Tom Denbigh	41:12	336	Pauline Cowie	55:21
105	Genevieve Helsby	41:36	339	Dennis Draper	55:44
128	Michelle Erskine	43:10	342	Stephen Taylor	56:19
145	Veronica Shadbolt	44:04	352	Eleanor Draper	57:23
153	Steve Rivett	44:25	368	Maureen Steed	59:58
170	Jo Matthews	45:02	370	Lynette Stewart	1:00:05
186	Paul Harrison	45:43	380	Carol Sheriff	1:02:12
191	John Davis	45:57	394	George Woods	1:15:59

St Albans Half Marathon - 13-Jun-2010

Pos	Name	Time	Pos	Name	Time
7	Andy Holt	1:17:53	869	Stephen Kane	1:56:55
317	John R Davis	1:44:02	848	Carol Forbes	1:59:34
380	Cliff Bonnett	1:48:18	926	Liam Eplett	1:59:36
475	Maryam Hulme	1:48:25	0	Perry Gear	DNF

Stortford 10 - 13-Jun-2010

Pos	Name	Time	Pos	Name	Time
3	Ian Harpur	1:02:16	35	Lauren Potter	1:17:26
7	Dave Desborough	1:04:51	43	Jo Matthews	1:19:37
9	Patrick Gallagher	1:06:17	65	Carol Reid	1:26:14
12	Sean Bowen	1:08:01	91	Rick Hole	1:33:16
13	Robert Hughes	1:08:21	101	Dennis Draper	1:37:29
14	Patrick Pearce	1:09:25	113	Eleanor Draper	1:40:46

31	Nick Genever	1:16:34			
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Stortford 10k - 13-Jun-2010

Pos	Name	Time	Pos	Name	Time
5	Terry Fowler	0:39:54			

Hatfield Broad Oak 10K - 30-May-2010

Pos	Name	Time	Pos	Name	Time
47	Simon Mace	37:03	565	Trace Allen	50:12
96	Terry Fowler	39:13	882	Dennis Draper	56:52
163	Caroline Hale	41:51	991	Eleanor Draper	59:50
524	Joy Allen	49:37			

MWL 2 - Stevenage 10K - 26-May-2010

Pos	Name	Time	Pos	Name	Time
8	Andy Holt	35:14	174	Paul Harrison	47:05
9	Stephen Kemble	35:40	183	Maryam Hulme	47:47
18	Bruce Judge	36:21	188	Wayne Aylott	47:55
21	Ian Harpur	36:38	190	Mick Wise	48:03
22	Markus Allen	36:46	211	Carol Reid	48:56
25	Neill Hughes	37:04	212	Tom Casserley	48:58
29	Chris Baynes	37:35	218	Trace Allen	49:09
30	Russell Casey	37:41	222	Perry Gear	49:24
39	Martha Hall	38:15	233	Helen Revill	49:47
44	Rob Casserley	38:32	234	Steve Roberts	49:51
50	Mark Pidduck	38:52	235	Celia Pardoe	49:55
54	Patrick Gallagher	39:09	240	Derek Avery	50:13
55	Steve Livingstone	39:24	247	Peter Sawko	50:56
59	Rob Hughes	39:35	265	John M Davis	51:55
66	Paul Guy	39:59	277	Melanie Edwards	53:18
83	Nick Genever	41:05	285	John R Davis	53:57
84	Dave Edwards	41:13	286	Joy Allen	54:02
86	Richard Somerset	41:28	287	Sandra Richardson	54:06
87	Patrick Pearce	41:41	293	Richard Brown	54:25
90	Tom Denbigh	41:44	315	Stephen Taylor	56:45
95	Mandy Livingstone	41:56	319	Pauline Cowie	57:04
99	Steve Williams	42:28	324	Dennis Draper	57:44
100	Genevieve Helsby	42:30	338	Maureen Steed	59:58
101	Sean Bowen	42:32	341	Eleanor Draper	1:00:31
133	Michelle Erskine	44:16	348	Kevan Back	1:03:04
137	Rick Hole	44:37	359	Simon Wilson	1:05:30
158	Steve Rivett	45:49	362	Carol Sheriff	1:07:03
161	Cliff Bonnett	46:13	370	George Woods	1:10:40
166	Jo Matthews	46:33	371	John Fogarty	1:15:13

Wheathampstead 10K - 23-May-2010

Pos	Name	Time	Pos	Name	Time
1	Mark Dickinson	33:54	311	Andrew Ackrill	55:45
19	Paul Guy	40:08	350	Celia Pardoe	57:22
26	Rob Hughes	41:48	392	Gilly Holdsworth	59:01
33	Peter Harvey	42:18	434	Vickie Le Masurier	1:00:20

116	Steve Trice	48:13
215	Richard Lloyd	52:00

500	Ruth Henderson	1:03:48
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MWL 1 - Welwyn Garden City 10k - 11-May-2010

Pos	Name	Time	Pos	Name	Time
1	Mark Dickinson	32:29	190	David Newman	45:08
7	Stephen Kemble	34:40	193	Lauren Potter	45:23
10	Andy Holt	34:48	194	Sean Bowen	45:24
11	Michael Bridge	34:50	201	Wayne Aylott	45:47
16	Keith McLellan	35:46	203	Cliff Bonnett	45:54
20	David Desborough	36:04	206	Paul Harrison	46:04
24	Simon Mace	36:20	212	Jo Matthews	46:21
26	Neill Hughes	36:24	225	Steve Trice	47:05
28	Markus Allen	36:32	232	Steve Roberts	47:22
29	Chris Baynes	36:34	247	Michael Wise	47:56
30	Russell Casey	36:34	250	Perry Gear	48:03
41	Patrick Gallagher	37:31	253	Phil Jones	48:08
43	Mark Pidduck	37:35	260	Maryam Hulme	48:29
45	Martha Hall	37:40	262	Garry Grey	48:31
49	Steve Livingstone	38:03	274	Carol Reid	48:56
57	Rob Casserley	38:24	286	Celia Pardoe	49:30
58	Paul Guy	38:29	290	Peter Sawko	49:44
62	Rob Hughes	38:47	293	John Roxborough	49:50
65	Patrick Pearce	38:58	304	Helen Stafford	50:13
72	Jenny Gray	39:19	312	Katie Arnold	50:33
74	Mandy Livingstone	39:28	327	John M Davis	51:29
85	Neville Porteous	40:02	337	Joy Allen	52:01
86	Caroline Hale	40:02	339	Gilly Holdsworth	52:10
90	Dave Edwards	40:19	343	Sandra Richardson	52:24
91	Nick Genever	40:25	346	Richard Brown	52:53
95	Richard Somerset	40:35	359	Martin Kaye	53:39
109	Genevieve Helsby	41:01	361	Miriam Mohns	53:41
115	Kath Hardcastle	41:17	371	Sonya Wilson	54:19
122	Hannah Cearney	41:36	380	Senigie Engelbright	56:04
149	Cath Harris	43:08	382	Simon Wilson	56:14
156	Rick Hole	43:29	386	Stephen Taylor	56:24
167	Steve Rivett	44:16	392	Dennis Draper	57:21
172	Michelle Erskine	44:25	420	Kevan Back	1:02:29
176	John McDowall	44:32	439	Cath Shepherd	1:10:41
186	John R Davis	45:03	442	George Woods	1:20:10

St Albans 10k - 09-May-2010

Pos	Name	Time	Pos	Name	Time
175	Perry Gear	48:56	361	Susan Cordrey	59:03
279	David Brown	53:47	453	Cath Shepherd	1:10:47
359	Maureen Steed	58:46	463	George Woods	1:12:49

Watford 10k - 03-May-2010

Pos	Name	Time	Pos	Name	Time
14	Neville Porteous	40:24	26	Caroline Hale	41:10

Kimpton 10k - 03-May-2010

Pos	Name	Time	Pos	Name	Time
1	Dave Desborough	35:10	30	Andy Newbury	43:36
3	Patrick Pearce	36:27	44	Joanne Matthews	46:00
6	Paul Guy	39:08	64	John Davis	48:51
11	David Edwards	39:47	67	Perry Gear	49:32
14	Richard Somerset	40:18	78	Peter Sawko	51:22
15	Steve Williams	40:19	92	David Brown	53:23
17	Simon Mace	40:41	97	Kerry Henderson	54:06
19	Patrick Bird	41:04	105	Sam Smith	55:42
22	Cath Harris	42:18	117	Alan Donovan	57:10
25	John Mcdowall	43:10			

London Marathon - 25-Apr-2010

Pos	Name	Time	Pos	Name	Time
20	Pieter Vermeesch	2:20:16	9817	Emma Ferry	3:56:14
47	Mark Dickinson	2:28:46	10654	Sam Smith	3:58:55
225	Bruce Judge	2:41:59	11478	Maryam Hulme	4:02:07
511	Chris Baynes	2:51:26	12956	Alister Parry	4:08:09
549	Sean Bowen	2:52:11	15306	Helen Stafford	4:17:11
877	Neill Hughes	2:57:32	20041	Liam Eplett	4:34:24
1058	Patrick Gallagher	2:59:20	20997	Kerry Henderson	4:38:18
1074	Robert Casserley	2:59:28	23280	Dennis Draper	4:47:11
2261	Jenny Gray	3:13:45	24513	Leila Taylor	4:52:06
2475	Mandy Livingstone	3:15:33	24979	Clare Dudley	4:53:58
5391	Joanne Matthews	3:36:03	26826	Eleanor Draper	5:02:11
8143	Lauren Potter	3:49:51			

Shakespeare Marathon - 25-Apr-2010

Pos	Name	Time	Pos	Name	Time
70	Denys Baudry	3:19:32	264	Rick Hole	3:48:18
119	Martyn Perkins	3:29:19			

Flitwick 10k - 18-Apr-2010

Pos	Name	Time	Pos	Name	Time
32	Martha Hall	38:42	67	Rob Hughes	40:34

Hertford (short) 10k - 18-Apr-2010

Pos	Name	Time	Pos	Name	Time
4	Simon Mace	34:56	168	Joy Allen	48:57
6	Patrick Pearce	35:40	194	Jenny Goodyear	50:10
15	Caroline Hale	38:01	198	Celia Pardoe	50:29
18	Neville Porteous	38:14	205	David Brown	50:52
19	Peter Harvey	38:24	225	Gilly Holdsworth	51:55
23	David Edwards	39:32	328	Deborah Mcmanus	58:05
54	Andy Newbury	42:28	330	Maureen Steed	58:10
62	Wayne Aylott	43:12	333	Shena Lancaster	58:21
71	Steve Button	43:49	336	Ruth Henderson	58:52
84	Trace Allen	44:28	373	Sue Coveney	1:01:58
92	Michael Bowe	44:55	374	Jenny Minns	1:01:59
116	Semra Kirk	46:26	396	George Woods	1:04:41

144	Michael Wise	47:31		426	Cynthia Anthony	1:12:07
162	Helen Stafford	48:33				

National 12-Stage Road Relay Champs - 17-Apr-2010

WGC came 51st out of 69
Long legs were 5.38 miles and short were 2.995 miles.

	Name	Time		Name	Time
Long	Dave Vaughan	28:40	Long	Steve Kemble	31:55
Short	Sean Bowen	18:15	Short	Tom Denbigh	19:07
Long	Simon Mace	31:26	Long	Russell Casey	33:21
Short	Steve Williams	19:44	Short	Mark Green	18:00
Long	Mike Bridges	32:36	Long	Markus Allen	33:42
Short	Dave Desborough	17:41	Short	Chris Baynes	17:22

Sandy 10 - 11-Apr-2010

Pos	Name	Time	Pos	Name	Time
105	Rick Hole	1:11:49	294	Semra Kirk	1:25:17
272	Carol Reid	1:23:56			

Finchley 20 - 28-Mar-2010

Pos	Name	Time	Pos	Name	Time
25	Roy Scott	2:07:17	214	Wayne Aylott	2:45:38
33	Sean Bowen	2:10:11	273	Maryam Hulme	2:52:48
48	Neill Hughes	2:13:48	291	Carol Reid	2:55:45
172	Rick Hole	2:40:49	426	Kerry Henderson	3:23:09

Oakley 20 - 28-Mar-2010

Pos	Name	Time	Pos	Name	Time
27	Patrick Gallagher	2:14:08			

County Cross-Country Championships - 28-Mar-2010

Men					
Pos	Name	Time	Pos	Name	Time
2	Andy Holt	42.59	11	Patrick Pearce	46.45
3	Bruce Judge	43.53	14	Mark Green	48.44
5	Simon Mace	44.44	18	Neville Porteous	52.42
10	Mike Bridge	46.25			
Ladies					
Pos	Name	Time	Pos	Name	Time
6	Caroline Hale	33:39	9	Sophie Cowie	37:19

Reading Half Marathon - 21-Mar-2010

Pos	Name	Time	Pos	Name	Time
16	Mark Dickinson	1:10:38	640	Garry Gray	1:30:34
23	Graham Robinson	1:11:58	1046	Steve Rivett	1:34:49
59	Stephen Kemble	1:15:56	1439	Andrea Mann	1:37:42
217	Russell Casey	1:23:45	7280	Jim Prowting	1:59:07

SEAA 12 Stage Road Relay Championships - 21-Apr-2010

WGC came 23rd out of 28 Complete Teams

	Name	Time		Name	Time
Long	Bruce Judge	27:53	Long	Dave Desborough	29:29
Short	Simon Mace	19:53	Short	Patrick Pearce	20:22
Long	Andy Holt	28:53	Long	Mike Bridges	29:18
Short	Steve Livingstone	20:30	Short	Tom Denbigh	21:29
Long	David Vaughan	26:31	Long	Chris Baynes	29:17
Short	Steve Williams	22:05	Short	Markus Allen	19:58

SEAA Masters Cross Country Championships - 14-Mar-2010

Men 50 plus, 60 plus - 10km

Pos	Name	Time	Pos	Name	Time
7	Stephen Kemble	38:41	107	Garry Grey	49:53
8	Dave Desborough	38:44	114	Mick Smith	51:27
16	Steve Livingstone	39:32	116	Trace Allen	51:42
66	Patrick Bird	44:36	119	Jim Prowting	52:28
67	Bernie Barnaby	44:38	126	Mick Wise	53:50
91	Rick Hole	48:16	127	Dave Moscrop	54:09
99	Michael Bowe	48:59	136	Dave Brown	59:51
100	Steve Button	49:14			

Women 35 plus, 45 plus - 6km

Pos	Name	Time	Pos	Name	Time
24	Caroline Hale	27:10	81	Joy Allen	32:53
36	Virginia Bird	28:11	112	Eleanor Draper	39:01

Men 70 plus - 6km

Pos	Name	Time	Pos	Name	Time
6	Dennis Draper	35:16	13	George Woods	42:02
8	Dave Beane	36:54			

Men 40 plus - 10km

Pos	Name	Time	Pos	Name	Time
24	Andy Holt	37:29	70	Nick Genever	43:17
67	Sean Bowen	42:46	96	Wayne Aylott	48:19

Wyndham AC Spring 20 - 7-Mar-2010

Pos	Name	Time	Pos	Name	Time
15	Sean Bowen	2:12:41			

Barcelona Marathon - 7-Mar-2010

Pos	Name	Time	Pos	Name	Time
492	Chris Baynes	2:58:13	1237	Denys Baudry	3:11:52
496	Martha Hall	2:58:15	2848	Veronica Shadbolt	3:27:47

Berkhamsted Half Marathon - 7-Mar-2010

Pos	Name	Time	Pos	Name	Time
58	Robert Hughes	1:27:59	193	Rick Hole	01:37:38
63	Robert Casserley	1:29:01	330	Joanne Matthews	01:42:19

134	Genevieve Helsby	1:34:34		684	Trace Allen	01:53:41
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Watford XC Sunday League - 21-Feb-2010

Pos	Name	Time		Pos	Name	Time
9	Dave Desborough	43:18		97	Virginia Bird	52:34
19	Patrick Gallagher	45:04		106	Rick Hole	53:08
27	Patrick Pearce	45:31		121	Andy Newbury	54:18
32	Kath Hardcastle	46:06		126	Andrea Mann	54:41
36	Sean Bowen	46:42		144	Wayne Aylott	55:55
48	Robert Hughes	47:34		157	Michael Bowe	57:11
53	Neville Porteous	48:00		165	Gary Grey	57:52
55	Nick Genever	48:10		184	John M Davis	60:19
68	Tom Denbigh	49:29		201	Peter Sawko	63:11
72	Patrick Bird	49:55		208	Avis Cowley	63:59
75	Caroline Hale	50:00		211	Dennis Draper	65:15
81	David Edwards	50:21		217	David Brown	66:47
83	Steve Rivet	50:38		231	Eleanor Draper	70:33
95	Veronica Shadbolt	52:10		239	George Woods	80:38

Met. League Horsenden Hill (Men) - 13-Feb-2010

Pos	Name	Time		Pos	Name	Time
13	Graham Robinson	31:01		184	Dave Edwards	40:10
60	Andy Holt	33:36		187	Bernie Barnaby	40:26
77	Richard Hung	34:31		196	Alistair Parry	40:59
84	Dave Desborough	34:49		207	Steve Williams	41:44
122	Steve Livingstone	36:43		213	Steve Trice	42:32
129	Patrick Pearce	36:57		227	Rick Hole	44:04
157	Sean Bowen	38:41		235	Mick Smith	44:58
165	Neville Porteous	39:04		240	Jim Prowting	46:22
178	Patrick Bird	39:50		248	Trace Allen	47:44
181	Richard Somerset	40:00				

Met. League Horsenden Hill (Women) - 13-Feb-2010

Pos	Name	Time		Pos	Name	Time
48	Caroline Hale	26:23		90	Avis Cowley	32:48
83	Joy Allen	31:56				

Watford Half Marathon - 7-Feb-2010

Pos	Name	Time		Pos	Name	Time
75	Patrick Gallagher	1:24:34		838	Angela Hodson	1:46:46
?	Steve Rivett	1:36:??		943	Carol Reid	1:49:13
410	Veronica Shadbolt	1:37:41		1287	Trace Allen	1:56:48
473	Rick Hole	1:39:23		1306	Adrian Dudley	1:57:08
606	Joanne Matthews	1:42:17		1454	Clare Dudley	2:00:39
685	Wayne Aylott	1:44:16		1472	Kerry Henderson	2:01:28
781	Stephen Kane	1:45:36		1474	Peter Sawko	2:02:03

Fred Hughes - 24-Jan-2010

Pos	Name	Time		Pos	Name	Time
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21	Russell Casey	1:03:05		302	Stephen Kane	1:23:32
23	Patrick Gallagher	1:03:17		328	Carol Reid	1:24:38
28	Chris Baynes	1:03:36		360	Helen Stafford	1:26:51
32	Martha Hall	1:03:57		386	Trace Allen	1:28:10
43	Robert Hughes	1:05:27		422	Adrian Dudley	1:30:05
46	Sean Bowen	1:05:48		527	Michael Wise	1:38:05
155	Rick Hole	1:14:57		530	Rebecca O'Shea	1:38:19
264	David Heal	1:20:42				

Royston XC Sunday League - 3-Jan-2010

Pos	Name	Time		Pos	Name	Time
1	David Vaughan	31:30		138	Steve Rivett	44:01
8	Terry Fowler	33:29		147	Dave Newman	44:22
11	Russell Casey	34:38		157	Yvonne Jones	44:50
13	Dave Desborough	34:57		161	Rick Hole	44:57
14	Markus Allen	35:02		163	Andrea Mann	45:11
37	Steve Livingstone	36:48		170	Gary Grey	45:24
38	Patrick Gallagher	36:55		177	Mary Bird	46:03
40	Patrick Pearce	37:11		187	Andy Newbury	46:39
42	Robert Hughes	37:28		212	Mick Wise	48:22
50	Kath Hardcastle	38:22		214	John M Davis	48:34
54	Sean Bowen	38:32		216	Sam Smith	48:48
67	Neville Porteous	39:00		224	Maryam Hulme	49:39
79	Caroline Hale	40:08		234	Celia Pardoe	50:19
88	Nick Genever	40:28		255	Dennis Draper	52:58
93	Steve Williams	41:09		263	Avis Cowley	53:43
103	Richard Somerset	42:07		270	Dave Beane	55:58
108	David Edwards	42:33		280	Eleanor Draper	58:27
118	Virginia Bird	43:14		289	Maureen Steed	59:23
121	Steve Trice	43:29		292	George Woods	1:02:32
126	Veronica Shadbolt	43:42		294	Sue Coveney	1:02:51